



Agape is a very important part of the Emmaus weekend as is everything else. The Agape team makes sure that everything is taken care of for the conference room team as well as helping in other areas where they are needed. It is truly an enjoyable experience throughout the weekend. I recently talked to a lady that thought that all agape does is put out agape gifts. This is not true -- there is a lot more to agape!!

She was surprised to know what agape does from cleaning toilets to running to the store to get what the pilgrim's need. It is a humbling experience, and a rewarding one.

If you want to learn more, please fill free to contact the board representative for agape from the website. Fill out a volunteer sheet and put agape on there. Be ready to have a great time in the Lord while being a blessing to all those around you!

Shirley Lockhart – Board Rep

Helpful Hints From the Registration Table

For Community members who want their pilgrim to get the most out of their "Emmaus Weekend!" Here are a few helpful hints to help get the weekend started;

- *Pray
- *Get their application in at least 8 weeks before the scheduled weekend.
- *Fill out all the information & write clearly.
- *Read the sponsor invitation/information letter you will receive.
- *Have your pilgrim @ the church by 6:30pm of send-off.
- *Please Note - your pilgrim must check in, information needs to be verified due to changes that can occur.
- *Checking in allows the LD to know exactly how many pilgrim will be on the walk.

Just a few tips to help get the pilgrims weekend started off on a pleasant note! Thank you from the registration table for all your cooperation and prayer.

Alice Kirby – Emmaus Registrar

Wow – Another year has come -- and almost gone!! It's been a great one and we thank everyone who helped to make it so awesome. We hope you enjoy the newsletter and look forward to an even better year in 2014!!

Entertainment is an important part of the Emmaus Weekend experience. We have had a great year of entertainment through all the Emmaus Weekends; both Men's and Women's Walks.

Some of our entertainers have been dance groups, "skits" and "phone calls from God", solo singers, small music groups, and of course "Delores May".

We are always interested in new groups, singers, musicians and dance groups. Please contact any Emmaus Board Member if you are interested in serving the Emmaus Community with your gift or talent of entertainment.

The Emmaus Community is in need of male and female MC's for the Saturday evening entertainment at future Men's & Women's Walks. The MC is an important blessing of the weekend. The MC tells a few jokes or fun stories, announces the entertainment, and introduces Delores May. The Board really needs the Community to help fill this need for future MC's. Would you be willing to help serve your Emmaus Community as MC?

Cindy Edwards - Board Rep

A CHRYSALIS WEEKEND IS A JOURNEY WITH CHRIST!

Therefore, if anyone is in Christ, the new creation has come. The old has gone, the new is here! 2 Cor. 5:17.

A chrysalis weekend is a spiritual renewal. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is shown to you through other believers. Chrysalis is 10th through 12th grades. Prayerfully sponsor a teen in December and June of each year. Journey is for ages 19 through 26, and is held in January of each year.

The objective of Chrysalis is to inspire, challenge and equip the local church youth members for Christian action in their homes, churches, and communities.

If you enjoy working with young Christians please sign up! Go on line to web site at emmausofthecumberlands.org and check chrysalis and journey. We would love to see you serve! God Bless!

Susan Asberry , Emmaus 4th day chairperson



The Book Table – The Book Table is provided for the pilgrims during the Emmaus Weekend for the purpose of offering books that will provide additional tools for spiritual reflection and growth after their weekend. These books

Normally come recommended from those serving on a particular weekend or from others within the Emmaus Community. The books are displayed in the conference room before the first talk on Saturday morning and removed after lunch on Sunday. The pilgrims can look over the various works and select any of interest. They may purchase them at that time or fill out an "IOU" slip and be billed. It has been a tremendous privilege and blessing to serve in this area.

Amanda West - Board Rep

Set-Up / Take-Down say's "Thank You!!"

"WOW!" Here we are, closing another year full of blessings and The HOLY SPIRIT. And that was "Again" surely evident on the past 5 walks to Emmaus. A HUGE shout out of, "THANK YOU" and may The LORD pour out His blessings on all who participated in the set-up/take-down of each walk. We even received some praises on how quickly and accurately we got the Church back in order for Sunday worship. Everyone understands and appreciates that, "EARLY SUNDAY MORNING" commitment. The Board of Directors and mainly all the new Pilgrims received many blessings by the turn out and participation of this Upper Cumberland Community. "What a great showing of AGAPE LOVE!!" May it continue. Again, many, many thanks for your serving hearts and hands!! We are praying for the same response and fellowship this coming year!

*We remain your Set-up/Take-down contacts,
Jason Thomas, Brad Lockhart, & Dave Bliss*

And they said to one another, "Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?" Luke 24:32



**We hope you will come join us
as we walk the road to Emmaus in 2014.**

News From The Kitchen – *As another year has come to a close for walks in the Emmaus Community of the Upper Cumberlands, it has been both challenging and a blessing and the blessings were the*

most abundant. There were a lot of special needs due to special diets of the Pilgrims and Team Members. Each need was met due to the guiding hand of God that took us through the weekends. God blessed us with great team leaders and volunteers to make the walks spirit filled. No challenge presented by satan was able to shake our resolve to do God's will.

I would like to say a special thanks to Randy & Rachael Graff for the love and support they have shown. Donna and I will be taking their place as over-seeing the kitchen responsibilities. They have been and are great friends that we would have never known if it had not been for the Walk to Emmaus. In closing, I would like to ask each of you reading this to search your heart and ask God to show you what you can do to help and then fill out a volunteer sheet for the area you feel led in. I pray that each of you will have a blessed season of Thanksgiving and Christmas with your loved ones. DeColores!! Bob and Donna Smith

Gatherings – The Gatherings for the Emmaus Community are held at various churches in the area on a monthly basis except when there is an Emmaus, Chrysalis or Journey weekend scheduled. The gatherings are ways of providing more exposure for the "Walk to Emmaus" and hopefully stir more interest for those who have not gone on a walk yet. The respective church is sent details of the various responsibilities involved in hosting a gathering. A gathering normally begins at 6pm with a service that includes music, devotion, personal testimony, prayer, scripture reading, offering & communion. A covered dish fellowship meal follows the service. Gatherings provide an excellent opportunity for the community to come together and fellowship and worship. During months when there is a flight or a walk, the candlelight service serves as the gathering. Following is a list of scheduled gatherings and host churches thru May 2014: February – Livingston First Methodist; April – Doyle United Methodist; May – The River Community Church Cookeville. *A full calendar with dates and locations will be provided on the website as soon as all months are confirmed.* Amanda West – Board Rep

Save The Date for 2014!!!

*The following dates are confirmed for
Emmaus Walks for the 2014 year.*

Men's Walk # 93 – March 6 -9

Women's Walk # 94 – March 20 – 23

Women's Walk # 95 – July 17 -20

Men's Walk # 96 – Sept 4 – 7

Women's Walk # 97 – Sept 18 – 21

NOMINEES FOR THE 2014 BOARD POSITIONS!!! Please prayerfully consider who you will vote for in the election of new board members. The nominees who are elected will serve the community for three years. It is a very important position with a lot of responsibility so please take the time to vote. Please cast your vote on the website by December 10th, 2013. Elections results will be posted as soon as possible after the final count. Thank you!!

These people will be running for Emmaus Board Positions: Rhonda England, Gary Johnson, Donna Tipton, Jessie Tucker, Heather Cornette, Crystal Phillips, Al Yost and Jean Goss.

These people will be running for Journey/Chrysalis Board Positions: Christina Carr, Heather Reed, Tina Poston, Jim Cornette, Brandon Cooper, Rob Medley, Lindy Mason, Lora Atkinson, and Darrian Barlow.